

# WHICH STYLE

## MIGHT BE BEST FOR ME?

While many people find a variety of dance styles match their vibe. Each style has a spectrum of movement qualities, but here are generalized characteristics to help you figure out where to start.



### BALLET

"I like structure and form."  
Ballet is soft, traditional, precise.

### LYRICAL

"I want to express myself."  
Lyrical is dramatic, powerful, expressive.



### JAZZ

"I want to jump, kick and turn."  
Jazz is sharp, athletic, stylized.

### HIP HOP

"I want to move."  
Hip Hop is popping, grooving, fast.



### MUSICAL THEATER

"I want to be center stage."  
Musical Theater is projecting, big, versatile.

### TAP

"I want to make a beat!"  
Tap is percussive, rhythmic, quick



### ACRODANCE

"I want to do tricks."  
Acrodance is strong, flexible, determined

### BLUE DOG DANCE

All styles of dance will give you musicality, strength, coordination and joy! We are happy to help you find your perfect fit.

